

FRESHMAN WORKSHOP

Class of 2023



Parkway
South High
Counseling

WELCOME!

WHY ARE WE HERE?

- We want to get to know the **PSH Class of 2023!**
- We want you to get to know the **Counseling staff at PSH!**

We would also like for you to learn:

- How to make an appointment to see your Counselor
- What credits do you need to graduate and how do you earn credit?
- How/where do students get help that need it?
- How to get involved
- What is a transcript?
- How to best utilize Infinite Campus and our website
- How to Login to Scoir and use” Activities and Achievements”

GOOGLE CLASSROOM

Log on to **Google Drive** to join the
CLASS OF 2023 GOOGLE CLASSROOM

Code= ul95fs

Complete the **Get To Know You Questions**

Check out the link to **PSH clubs**

Also note the **Personal Plan of Study**
is there for your use!

COUNSELORS/SOCIAL WORKER

All **Counselors** and our **Social Worker** are located in the
Counseling Loft

A-Dao	➔	Mrs. Nokes
Dap-Ha	➔	Mrs. Morgan
He-La	➔	Mrs. Seuc
Le-Pa	➔	Mrs. Armon
Pe-So	➔	Mr. Lappin
Sp-Z	➔	Mrs. Justice
Social Worker	➔	Mrs. Fezzi



COUNSELING STAFF

Mrs. Parker → Counseling Secretary

See Mrs. Parker to make an appointment to see your counselor or to get a workers permit.

Mrs. Stockhausen → Registrar Liaison

Mrs. Brady → Care Coordinator

Ms. Mathes → Directed Study Hall



ADMINISTRATORS

Building Principal → Dr. Aitch

A – Da → Dr. Sebold

De – Ho → Dr. Wilhelm

Hu – Mi → Dr. Diggs

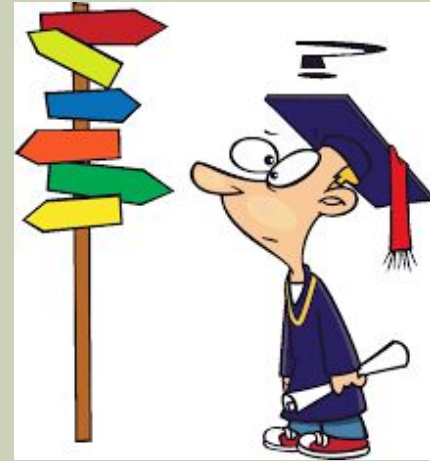
Mo – Se → Mrs. Thompson

Sh – Z → Mrs. Pappas-Muyco



WHAT IS YOUR PLAN AFTER HIGH SCHOOL?

- 2 or 4 Year College?
- Technical School?
- Military?
- Work?



CLASS OF
20
23

HIGH SCHOOL DIPLOMA REQUIREMENTS

- **English** → 4 Credits
- **Math** → 3 Credits
- **Science** → 3 Credits (must include Bio 1 and 2, Chem/Matter, Forces/Motion)
- **Social Studies** → 3 Credits (must include US History, World History and Gov't)
- **PE** → 1 Credit (must include PE Concepts)
- **Career and Tech Ed** → 1 Credit (Business, Tech, FACS, Journalism)
- **Fine Art** → 1 Credit (Art, Music, Theater)
- **Health** → ½ Credit
- **Personal Finance** → ½ Credit
- **Electives** → 7 Credits



24 Credits

GENERAL COLLEGE ADMISSION REQUIREMENTS

- English **4 Credits**
- Math **4 Credits**
- Science **3-4 Credits**
- Social Studies **3-4 Credits**
- World Languages **2 - 4 Credits**

In addition, highly selective colleges recommend strong rigor throughout high school! What is rigor anyway?



EXAMPLES OF RIGOR

Advanced Placement (AP) and Honors courses, as well as taking core courses all four years.

AP classes are high school courses that students can earn **college credit**.

Honors classes are courses that are designed to be more **academically challenging**.

Talk to your counselor if you are interested in taking advantage of **AP and Honors courses!**

HOW DO I EARN CREDIT?

- ❑ Every class = **.5 (½) credit** each semester.
(No, you do not get credit for a lab)
- ❑ 7 classes each **semester** = 3.5 credits
- ❑ 2 semesters every **year** = 7 credits
- ❑ 4 years of **High School** = 28 credits
(**24 needed for graduation**)
- ❑ Students are able to earn up to **1.0 credit in summer school** each summer.



GET INVOLVED! STAY ELIGIBLE TO PARTICIPATE!

- ❑ We know students that **get involved** do better in school.
- ❑ Find something you like to do outside of class! South offers a lot of **sports, performing groups and clubs** for you to choose from.

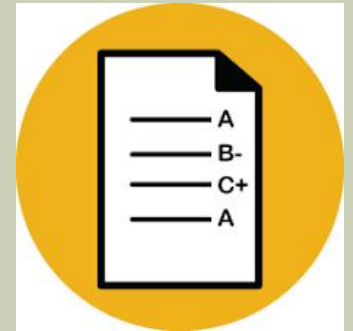
ELIGIBILITY RULES

- ❑ **Athletics, Music Performance Groups and Speech/Debate** are governed under the **Missouri State High School Activities Association**.
Students MUST meet eligibility requirements to participate!
- ❑ In order to be eligible to participate in **MSHAA** activities students must receive **3.0 credits** the semester before the activity occurs.

TRANSCRIPTS

Your transcript is a record of:

- **Courses** you have taken
- **Grades** for every course
- **GPA** – grade point average for each semester and your cumulative grade point average
- **Credits** – each semester class is worth .5 credit



TIPS FOR SUCCESS

- Use **Academic Lab** during Mod 1, Mod 2, Mod 3
- **Homework Room** Tuesdays/Thursdays until 3:30 in library with Mr. Taylor (peer tutors may be available). *No sign-up required*
- Frequently check your **Infinite Campus Account** and your **SCHOOL EMAIL** (do you know how?)
- **School website** and teacher web pages
- **Link Crew Leaders** are here for you
- **Get involved** in sports, clubs and activities
- Learn healthy coping strategies to deal with stress
- Get to know your **counselor**, we are here to help!



PSH WEBSITE

www.parkwayschools.net

Great place to start for all kinds of information!

- Infinite Campus Login
- Links to Teacher Websites and Email
- Information on Student Activities
- Curriculum Guide
- Lunch Menus
- Upcoming Events Calendar
- And Much More!



INFINITE CAMPUS

**Do you know how to check your grades on
Infinite Campus?**

If you've never logged in:

<https://icampus/pkwy.k12.mo.us/campus/portal/parkway.jsp>

pshwired.net > Find It Fast > Infinite Campus

User ID: Last Name, First Initial, Last 4 digits of Student Number

First Time User Password: campus123

You will then be prompted to create your own password,

WRITE IT DOWN!

**If you have forgotten your password you need to see a
computer specialist in the library.**

A+ PROGRAM

- **Free tuition** for community college, vocational or technical school for up to 6 semesters
- Graduate with at least a **2.5 cumulative GPA**
- **95% attendance** rate by the end of senior year
- **50 hours** of tutoring / community service
- Good **citizenship**
- **Proficient** on Algebra EOC Exam
- See your counselor or **Mr. Roach** in Room 1411 during 4th and 6th (room by the vending machines by Counseling) our school's A+ Coordinator, to sign up!



SCOIR

SCOIR is a website that is used for college searches, career exploration, sending transcripts, etc. This is a new program we are launching with the Class of 2023.

Today we are going to get you started by adding activities and achievements to your SCOIR account.

Log on to your school email, there will be an email from STACY MORGAN with a link to register for SCOIR. Find that email and use your SCHOOL EMAIL as your username, you create your own password (write it down!)

<https://app.scoir.com/signup?hsid=260129>

(Type this in if you can't find email)

SCOIR

Click on “My Profile”

Click on “Activities and Achievements”

Click “+Add”

Enter as many activities and achievements that you can at this time (sports, clubs, awards, jobs)

Add to this throughout high school so it can be added to the resume feature when you apply to colleges, etc

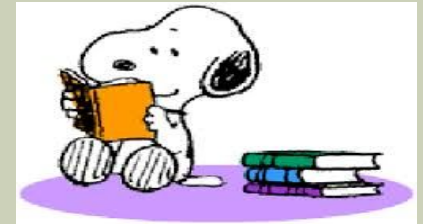
REMEMBER! HAVE FUN AND STAY HEALTHY!



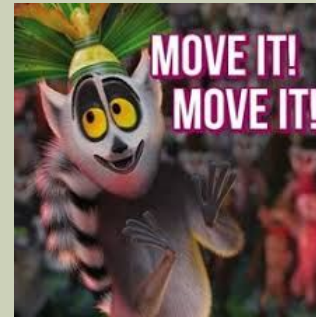
EXERCISE



QUALITY SLEEP



READING



EXERCISE



HOBBIES



FRIENDSHIPS



DEEP BREATHING